

SHOWS & ACTIVITIES

The Miserable King & His Vanishing Castle <u>Temima Crafts</u> <i>Comedy, storytelling & woodland fun</i>	10.30am 1.15pm
Tree ID walk <u>Thoresby Park garden team</u> <i>Learn to identify native trees on a guided walk</i>	10.45am 2.45pm
Wild Man of the Woods <i>Woodland folore brought to life</i>	11.15am 12.45pm 3.15pm
Alice in Wonderland <u>Wise Owl Theatre</u> <i>An interactive family puppet adventure.</i>	11.30am 3.00pm
Walk & Sketch <u>Martin Clarkson</u> <i>Explore the woodland and learn to sketch trees</i>	11am 1pm
SLUGAGEDDON! <u>Blue Badge Bunch</u> <i>An award-winning eco comedy for all ages</i>	 2pm

WELLBEING IN THE WOODS

Yoga in the Woods <u>Sarah Hollis Yoga</u> <i>Fun outdoor yoga for young visitors, and an adults relaxing hour long yoga session</i>	10.15am (Children) 1.30pm (Children) 3pm (Adults)
Forest Bathing <u>The Nature Coach</u> <i>Slow down and reconnect with nature</i>	11am 2.15pm
Foraging Walk <u>Kindful and Wild</u> <i>Discover edible plants and woodland treasures</i>	12pm 3.15pm
Ancient Tree & Woodland Management <u>Forest Medicine</u> <i>Learn about our ancient trees with Muji</i>	1.30pm

DROP IN ACTIVITIES

Turnham Green Wood

Split hazel basket making, adults and kids sessions

Hairy Tom's Forest School

Treasure hunt, roast s'mores on the fire, make green man crowns, and more!

Into Wilderness

Living history camp with natural cordage making, flint knapping, and more!

Andy Kirkham Blacksmith *

Have a go at blacksmithing and make your own tool to take home

Lincolnshire Willow

Learn to willow weave and create something to take home

Sherwood Outlaws *

Archery

Wilderness Ways *

Axe throwing

Forest Fae *

Make a wish & children's crafts

Grizzley Paw Design *

Have a go at leather stamping and take it home with you

Bodgers

Traditional pole lathe turning

*small fee applies

DEMONSTRATIONS

Major Oak Heritage Crafts

Hand carved fan birds

Spin Dot Weave

Peg loom weaving, stick weaving, and lucet cord making

Nicola Crook Art

Woodland painting

Crafty Buggerz

Wood carving

Peartree Garden Services

Chainsaw carving